
Individual and Family Support Program (IFSP) Resources

Image



Find out about upcoming IFSP events!

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IFSP: First Steps

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Past publications and event recordings

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Resources for Individuals and Families

Sometimes just knowing where to start can be hard.

That's why DBHDS created the Individual and Family Support Program (IFSP) to help families and individuals with developmental disabilities find supports and to connect with other families.

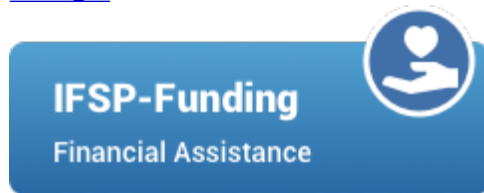
The IFSP provides:

- the IFSP-Funding Program,
- our Community Coordination Program,
- peer mentoring opportunities through our partnership with The Arc of Virginia,

- family mentoring opportunities through our partnership with Virginia Commonwealth University's Center for Family Involvement, and
- our partnership with disAbilityNavigator.

To learn about IFSP and Virginia's developmental disability system, please review our ["IFSP: First Steps"](#) guide.

[Image](#)



[Image](#)



[Image](#)



[Image](#)



Find Services by Life Stage

[Image](#)



Prenatal/Infancy

From conception through the earliest years of life or babyhood.

[Image](#)



Early Childhood

The time in a child's life before they begin school full time.

[Image](#)



School Age

The years from kindergarten through middle school.

Image



Transition to Adulthood

Moving from childhood to young adulthood and from school to adult life.

[Image](#)



Adulthood

Period of time after we transition from school years through the time we begin entering our golden years.

[Image](#)



[Aging](#)

The golden years are when we begin to slow down and experience many age-related changes.

Helpful Links

Tools and Resources

- [IFSP-Funding](#)
- [IFSP-Community Coordination Program](#)
- [IFSP State Council History and State Plan](#)
- [Early Intervention for Infants and Toddlers](#)
- [Find Additional Resources for Families with VCU's Center for Family Involvement](#)

Documents and Guides

- [IFSP: First Steps guide](#)
- [Family to Family Network of Virginia brochure](#)
- [Health & Safety Alerts from the Office of Integrated Health](#)
- [Information on Case Management Eligibility for Individuals on the DD Waiver Waitlist](#)
- [An Overview of the DOJ Settlement Agreement Indicators for Families](#)

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