

## **Peer to Peer Mentoring**

IFSP partners with The Arc of Virginia to provide peer mentoring services. You are eligible to receive peer mentoring services if:

1. You are 16 or older, and
2. You are on the DD Waiver waitlist, OR you are currently receiving DD Waiver services.

Whether you want to learn how to live on your own or even how to use Zoom, peer mentors can help you achieve your goals!

To get matched, learn more at [The Arc](#) or contact Natasha Cooper at [ncooper@thearcofva.org](mailto:ncooper@thearcofva.org).

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